

Professional Mediation Training

Instructed by Robin Amadei, J.D.

The University of Denver's college of professional and continuing studies, University College, offers a 40-hour mediation training through its Alternative Dispute Resolution program. Designed specifically for individuals interested in becoming mediators or integrating mediation skills into their current positions within (but not limited to):

- Human Resources
- Public Service
- Healthcare
- Law
- Non-Profit



The 40-hour training satisfies the initial requirements for professional mediators in accordance with the Mediation Association of Colorado (the MAC) and the Association for Conflict Resolution (ACR). The DU mediation training is distinctive for several reasons, including: small class size (limited to 24 people), the opportunity to network with accomplished mediators and mediation coaches, and the opportunity to earn academic credit toward the University of Denver's graduate certificate in Alternative Dispute Resolution.

Participants will learn to:

1. Implement the role of an effective mediator
2. Effectively prepare for the mediation
3. Implement interest-based negotiation strategies
4. Develop a firm grasp of the mediation process itself, including:
 - Mediator opening
 - Parties' sharing of perspectives
 - Issues identification
 - Option generation
 - Option evaluation
 - Agreement
5. Extract underlying interests (needs) of the parties
6. Help parties to truly listen to each others' needs and interests
7. Develop communication and reframing skills
8. Frame issues in a way that creative options can be developed
9. Engage parties in productive and creative problem solving
10. Handle strong emotions that interfere with problem solving
11. Deal with power issues (the parties' and the mediator's power)

Credits earned in the 40-hour mediation training may directly apply to a graduate certificate in Alternative Dispute Resolution. All participants receive a 40-hour mediation training certificate. 5-day workshop includes instruction, participant manual, and professional coaching.

Winter Dates:

- February 1
- February 2
- February 3
- February 9
- February 10

Time and Location:

8:30 a.m. to 5:30 p.m.
at the University of Denver

Tuition:

Credit: \$2512
Non-Credit: \$1286

Registration
opens Nov 14

Register by phone at
303-871-2291 or by email at
ucol-support@du.edu